

Strathcona County Directory Available Community Supports Information and Contact

Strathcona County Family and Community Services

Wide range of programs and services that strive to improve quality of life:

- **Counselling Services** offers information and provides support to you and your families, based on a sliding fee scale.
- **Parent Teen Conflict Resolution** offers assistance to you and your parents who are experiencing conflict.
- **Family School Liaison Workers** are available to assist youth in school, and their families, when they are having issues that interfere with their learning
- **Trauma Support** offers long term support for children who have witnessed/experienced domestic violence or have mental health issues.
- **Youth Outreach** provides support, connections to resources, advocacy and follow-up.
- **Youth Mentoring** matches youth 16-19 years old with an adult role model for mentorship and exploring career options.
- **Strathcona County Youth Council** is a group of volunteer youth who build leadership skills while showing the positive impacts and roles youth can have in the community.

780-464-4044

www.strathcona.ca/fcs

www.strathcona.ca/youth

Children's Mental Health Crisis Line (mobile)

780-427-4491

www.albertahealthservices.ca

Edmonton and Area Child and Family Service Authority (Sherwood Park)

780-467-5195

www.child.alberta.ca

Child and Family Services Authority Crisis Unit – Child Protection

780-427-3390

www.edmontonandareacfsa/gov.ab.ca

Child Abuse Hotline – Edmonton and Area

1-800-387-5437

The Distress Line

780-482-4357 (HELP)

www.crisissupportcentre.com

The Support Network – Community Resource Information

211

www.211edmonton.com

Alberta Health Services

www.albertahealthservices.ca

Mental Health Helpline

1-877-303-2642

Crisis/Distress Line

1-780-482-4357

Strathcona County Community Mediation Society

Can assist youth in conflict situations with their parents, peers, organizations, etc. and offers conflict resolution workshops.

780-464-8445

www.sccm.ca