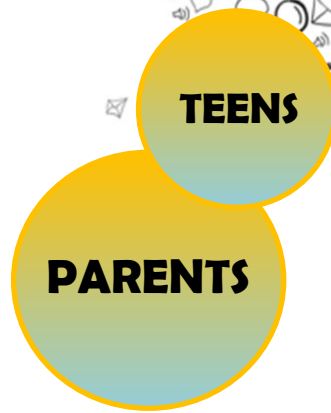


# PARENT SERIES



## December 2016

Trying to best meet the needs of both our student and parent populations, along with the support of trained and educated community partners, will be putting on a **PARENT SERIES** in December with the hopes of addressing overwhelming areas of need.

All sessions will be held in the **St. Theresa Theatre**, to the left as you enter the main doors of the school.

**St. Theresa Catholic School**  
2021 Brentwood Blvd  
Sherwood Park, AB  
T8A 0X2

Please contact **MRS. GLASS** [sarag@eics.ab.ca](mailto:sarag@eics.ab.ca)  
at or **AMY ANTONY** [amya@eics.ab.ca](mailto:amya@eics.ab.ca)  
for more information.

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### **December 6 at 6:30pm** **ANXIETY**

A 60 minute presentation introducing you to the world of anxiety. This presentation will focus on theory, symptoms, and practical interventions. Students are dealing with anxiety and shouldn't have to be dealing with this on their own.

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### **December 13 at 6:30pm** **SOCIAL MEDIA AND** **SEXTING 101**

A 60 minute presentation focusing on recent developments in the world of social media and is aimed for parents. You will leave this presentation having learned about critical thinking skills, recent developments in the world of social media, site awareness, legal implications, and practical resources that you can use immediately to effectively navigate through this ever-changing world.