

Archbishop Jordan Catholic High School

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November 15, 2021

ABJ Swim Team Info for Divisionals

Divisionals occur on Thursday, November 25th at the Kinsmen Sports Centre on Walterdale Hill in Edmonton. Unfortunately, this year due to COVID-19 restrictions, spectators are **NOT** permitted at the 2021 Metro High School Divisional and Championship Swim Meets. The team bus will **leave ABJ parking lot in front of the school front doors a 6:30am...** warm up starts at 7:30am. We will return to the school 30 minutes after the conclusion of the meet, pending the school bus scheduling.

Access to the Kinsmen facility requires proof of full vaccination status & ID according to AHS's REP must be presented by everyone before entry is permitted, or proof of a negative COVID-19 test result.

There will be a lunch break, so swimmers are advised to bring water bottles, lunch and snacks to get through the entire day as there is **NO** food vendor on site. There are water and ice stations on site to fill personal water bottles. I will supply some juice boxes and snacks as well.

All participants are required to properly wear a mask in all areas of Kinsmen except when in the pool or shower. Masks will be worn up to the point where a swimmer intends to immediately and directly enter the pool. It is recommended that swimmers have at least one additional mask in their bag as backup.

All swimmers will be seated in the bleachers with their teammates, so an extra towel, blanket or yoga mat is normal to bring for comfort during the day. At least 2 towels are encouraged, keeping one in the locker secured with clothing.

Swimmers are encouraged to bring homework, a book to read, music, or whatever tech stuff they enjoy as it is a long day and there is lots of down time. They also need to remember to pack their bathing suits, ABJ swim cap and goggles. Deck footwear (flip flops), sweatpants or shorts, ABJ swim team t-shirts or hoodies are needed to keep warm during the day. Locks for the lockers are advised.

Due to the enormity of this swim meet, volunteers are greatly needed. Grade 9 students, although not able to compete, are encouraged to attend Divisionals only, and may participate as timekeepers if needed. The opportunity to be better prepared for next year is invaluable.

Any parents that are able to volunteer would be greatly appreciated, especially those with swim meet experience and/or qualifications as a referee, starter, electronics, stroke and turn, etc. Parent volunteers will be supplied a box lunch and the best, and only allowed, seat in the house! Please email Coach Charlene if available.

On behalf of the Coaches and Mr. Chan, thank you for a terrific commitment this season and for making it fun to come to the pool each week. The swim team is a great group of student athletes.

Coach Charlene Douglas cidoug@icloud.com (780-222-3131)



"I know in whom I place my trust" 2 Tim 1:12