

Archbishop Jordan Catholic High School

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Email: abj@eics.ab.ca · <http://archbishopjordan.eics.ab.ca/>



Social Media for ABJ

ABJ School Blog - <https://abjnews.wordpress.com>

Follow us here!!

You may also follow us at the following:

Find us online on Facebook:

<https://www.facebook.com/ABJordanScots/>

<https://www.facebook.com/archbishopjordanathletics/>

<https://www.facebook.com/abjtheatre/>

<https://www.facebook.com/abjculinaryarts/>

<https://www.facebook.com/ABJScotsFootball/>

<https://www.facebook.com/ABJcosmetology101/>

Find us online on Instagram:

Student Council - @archbishopjordanhigh

Dance - <https://www.instagram.com/abjdancecollective/> - @abjdancecollective

Fine Arts - <https://www.instagram.com/abjfinearts/> - @abjfinearts

Foods Program @foodsabj

Cosmetology - @abjcos

Counsellors - @abjcounsellors

Find us online on Twitter:

ABJ Robotics - @ABJRobotics

ABJ Fine Arts - @abjtheatre

Counsellors - @ABJCounsellors

Scot's Week at a Glance - September 23 - 27

Monday

- Sports Per. 9 Mountain Biking
- Grade 11 Counsellor Visits in block 2
- UBC Info at Lunch
- Outdoor Ed 9 - Voyageur Canoeing
- Sports Event:
 - Sr. Boys Vball @ SAL
 - Sr. Girls @ Beaumont
 - X-Country Practice

Tuesday

- Outdoor Ed Canoeing
- Terry Fox Run
- Citadel Students to The Colour Purple
- Sports Event:
 - Sr. Girls Vball @ AOB
 - Jr. Boys @ Scona
 - Jr. Girls VS Paul Kane

Wednesday

- PEP Sessions - Session sign up closes at 8:00am
- Psychology 20 (Dumont) Field Trip 9 - 11
- Gold Book Presentation for all Grade 12s in PEP
- Post Secondary Presentation @ 6:30 in the Drama Theatre
 - Important for parents of grade 10, 11 and 12s who are planning for post secondary
- Parent Connect Group @ 6:00 in the library
- Sports Event:
 - ABJ X Country Race @ Rundle
 - Sr. Girls Vball @ Ardorssan
 - Sr. Boys VBall @ Scona
 - ABJ Football Team Dinner

Thursday

- Grade 10 Religion Retreat
- Officer Zap to Calm Classes
- CTF Cohort Meeting
- Outdoor Ed 10 Canoeing
- Student council- Car Stall Auction at lunch!!
- Sports Events:
 - ABJ Football Game VS Leduc @ Emerald Hills
 - Jr. Boys VBall VS JP
 - Jr. Girls VBall VS Beaumont

- Grade 9 Girls VBall VS SWH
- Grade 9 Boys VBall VS SWH

Friday

- ABJ Orange Shirt Day
- Jr. Girls VBall - away all day @ Trinity Tournament
- Outdoor Ed - Swimming
- Improv Team Rehearsal @ 3:30
- Sports Events:
 - SGV @ SFX
 - JBV @ SFX
 - G9G @ Ardrossan
 - G9G @ Ardrossan
 - JGV @ Holy Trinity

October 1 - Concordia 1 on 1s

October 4 - NAIT 1 on 1s

October 8 - Retake Day

_Parents and Students Info:

- **Congrats to our volleyball teams who were in action this weekend:**
 - **Grade 9 Boys - Silver medal at Bev Facey**
 - **Grade 9 Girls -**
- **The swim team has had their first week in the pool training and welcomed some new grade 9 and 10 swimmers. Any students wishing to come out and see what the swim team is all about are more than welcome this week [on Tuesday](#), [Wednesday](#) and [Thursday](#) mornings [7-8 am](#) at Emerald Hills Pool. The swim team is preparing and excited for their first meet [on Friday October 4th](#) at Clareview Pool.**
- **X-Country team continues the season with a race at Rundle Park on Wed, Sept 25th at 4:15pm.**
- **Our school will be observing Orange Shirt Day [next Friday](#) the 27th. Orange Shirt Day is a way to remember residential school survivors and represents our hope of reconciliation!**
- **Parents please remember to login to your Parent Powerschool account to update all forms for the 2019/20 school year. The following forms can all be done online: Technology Use agreement, Locker Use agreement, Annual Field Trip Consent Form, FOIP and annual student Demographics.** Alberta Education requires that we obtain a detailed update of student demographics on an annual basis. Funding they provide for your child's education is conditional to us receiving these updates and making them part of the student's record. We ask that you complete these forms online, please disregard if they have been completed. If you need assistance with your Parent PowerSchool login (<https://powerschool.eics.ab.ca/public/>), please contact the school.
- **If your student has a "rental" TI84+ calculator, and you don't wish to purchase it for an extra \$20 (\$120 is the total purchase cost, the \$100 paid deposit will be applied), please return the calculator to the Business Office. EICS is no longer offering the rental option.**

Students cannot keep the calculator until the end of the year. ***After October 15, any rental calculators not returned, will automatically be billed to student accounts.*** If you are unsure if they have a rental calculator, please contact the office. Thank you for your assistance.

- Daily Specials:
 - Monday- Mexican Monday
 - Mexican Poutine (Baked Taters with all the usual fixings)
 - Soup- Beef Barley
 - Pasta- MAC and Cheese
 - Breakfast- French Toast in a cup
 - Tuesday-Italian Tuesday
 - Self serve Pasta Bar with Cheesy Garlic Bread
 - Soup- Mulligatawny
 - Breakfast- Ham and Egg Sandwich
- Wednesday- Wok Wednesday
 - Jalapeno Popper Grilled Cheese Sandwich
 - Soup-Spicy Asian Chicken
 - Pasta- Pasticcio
 - Breakfast - Breakfast Wrap
- Thursday- International Thursday
 - Hawaiian /Cheese Pizza
 - Soup - Mexican Tortilla Soup
 - Pasta- Tortellini
 - Breakfast- Ham and Egg Sandwich
- Friday - Fryer Friday!
 - Fries and Poutine, Corn Dogs
 - Soup- Italian Wedding
 - Pasta- Fettuccine Alfredo
 - Breakfast- Mini Pancakes in a cup
- Fresh Breadsticks, Cookies, Cinnamon Buns, Banana Loaf all available daily. Cafeteria cards are available for purchase. Coffee cards are also for sale. Buy 8 coffees and get the 9th free.



Struggling with stress and friends?

YOUTH CONNECT

4 p.m. to 5:30 p.m.

1 st and 3 rd Tuesday	Ardrossan Recreation Complex (80 First Avenue, Ardrossan)
2 nd and 4 th Tuesday	Family and Community Services (501 Festival Avenue, Sherwood Park)

- Each week, topics are explored through activities, challenges, games, art and conversations.
- New participants are welcome weekly.

For more information

strathcona.ca/youthconnect



ARCHBISHOP JORDAN CATHOLIC HIGH SCHOOL

CLASS OF 2020

IMPORTANT DATES



**CONSIDER TAKING PART IN RELEVANT THE EVENTS LISTED BELOW –
THEY PROVIDE THE PERFECT OPPORTUNITY TO EXPLORE YOUR POST-SECONDARY OPTIONS. ALL
BOLDDED EVENTS ARE ONES THAT WILL BE TAKING PLACE IN HOUSE AT ABJ.**

September 18, 2019	Kings University Presentation at ABJ (PEP: 2:15 – 3:15 pm)
September 20, 2019	MacEwan One on Ones at ABJ (All Day)
September 23, 2019	UBC Presentation at ABJ (Lunch: 11:30 – 12:15 pm)
September 25, 2019	GOLD BOOK Distribution at ABJ (PEP: 2:15 – 3:15 pm)
September 25, 2019	Post-Secondary Parent Info Night at ABJ (Drama Theatre 6:30-7:30 pm)
October 1, 2019	Apply Alberta Applications to Post-Secondary's Open
October 1, 2019	Concordia One on Ones at ABJ (1:00 – 3:00 pm)
October 4, 2019	NAIT One on Ones at ABJ (9:00 – 11:00 am)
October 9, 2019	U of A Faculty Presentations at ABJ (PEP: 2:15 – 3:15 pm)
October 18 and 19, 2019	NAIT Open House
October 19, 2019	University of Alberta Open House
October 19, 2019	Concordia University Open House
October 21, 2019	ABJ Award's Night
October 25 and 26, 2019	Lakeland College Open House
October 26, 2019	Norquest College Open House
November 2, 2019	MacEwan University Open House
November 21, 2019	ELAA – Educational Liaison Association of Alberta Display Fair at ABJ (1:00 – 3:00 pm)
January 13 – 30, 2020	Diploma Exams*
June 1, 2020	ABJ Major Awards Application Deadline
June 10 – 26, 2020	Diploma Exams*

***NOTE:** If you are upgrading a Diploma course you must pay a rewrite fee – done through your myPass account – to get your updated exam and course mark. Failure to pay will result in Alberta Education not releasing your mark. Check Diploma Rewrite and Rescore Deadlines on myPass.

IMPORTANT NOTES

1

EXPLORE YOUR OPTIONS

- ✓ **ALIS** www.alis.alberta.ca offers amazing tools to help get started in searching for a career path that reflects your passions and goals. Learn about occupations and plan your future given the links to post-secondary or training programs that are right for you. Job search tools help you to know what to look for and where to look.
- ✓ **myBlueprint** <https://myblueprint.ca> Interactive career guide. Create a dynamic, actionable plan to outline the steps needed to achieve school, career and life goals. Interest inventories,
Your username and password are the same as your regular network username/password.
- ✓ Check post-secondary websites for more specific admission requirements
- ✓ **ABJ GOLD BOOK** is a required completion component of taking part in our ABJ Graduation Festivities. It will also serve as a tool to help you plan for your Post-High School plans. It will be explained and distributed in the last week of September and needs to be submitted in early December.

2

APPLY ONLINE

- ✓ **Apply Alberta** www.applyalberta.ca to apply for post-secondary institution in Alberta.



3

GET CONNECTED

YOU *MUST* REGISTER FOR YOUR ALBERTA EDUCATION "MYPASS" ACCOUNT

- a. Visit www.mypass.alberta.ca to register for your own Alberta Education MyPass Account. (You will then receive an ACCESS CODE in the mail. Note that the code expires within 30 days if you do not immediately activate your account.
- b. This is where you will go to:
 - i. Order transcripts
 - ii. View progress towards gaining proper credits to graduate
 - iii. View diploma exam marks
 - iv. Register to rewrite (or rescore) diploma exams
 - v. Make payments to Alberta Education if you are upgrading a course

4

SCHOLARSHIPS

- ✓ **Student Aid Alberta** www.studentaid.alberta.ca/scholarships This is your one stop shop for all things Scholarship related. There are over 400 scholarships listed on this site, including where you apply for the **Rutherford Scholarship for High School Achievement**, as well as much information on how to fund your post-secondary plans through student Grants and Loans.



Please see either Mrs. Glass or Ms. St. Amand, located in the Student Services Area,
if you require any additional information.

Follow us on Instagram @ABJCounsellors

Mrs. Glass – sarag@eics.ab.ca Ms. St. Amand – courtney.stamand@eics.ab.ca



**Archbishop Jordan Catholic High School
Presents**

Post-Secondary Info Night

**Wednesday
September 25^h, 2019**

6:30 pm – 7:30 pm

ABJ Drama Theatre



An information night including:

- **How to plan for after High School**
- **Guidance on how to apply to post secondary institutions in Alberta**
- **Info on what the application process looks like and how post secondary's admit**
- **Scholarship information**
- **Q & A session**

**For more information, contact
Sara Glass or Courtney St. Amand at 780-467-2121**

Mark Your Calendars
Co-Parenting Workshop
Helping Families Thrive not Just Survive



The
presenters will help you find new
ways to:

- *Make your child a priority*
- *Understand the impact of separation conflict on children's brain development*
- *Choose a more constructive way to communicate with each other*
- *Develop a personalized strategy for your situation*
- *Ongoing support from coaches*

Registration is required.

laurie@irelate.ca - 780 235 8212

Fee: \$40.00 per person

Date: Saturday, September, 21, 2019

Time: 9:00am to 4:00pm

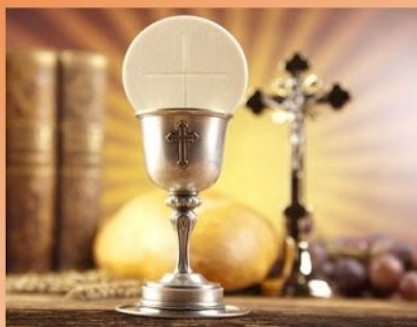
Location: Chimo Office

Park Centre & Hotel,

Sherwood Park



"Do something beautiful for God!" – St. Teresa of Calcutta



Liturgical Ministries Workshop

September 25 & 28, 2019

**Our Lady of Perpetual Help Catholic Parish
Sherwood Park**

Liturgical Ministries

- ✧ Adult servers
- ✧ Commentators
- ✧ Extraordinary Ministers of the Eucharist
- ✧ Music
- ✧ Proclaimers
- ✧ Sacristans
- ✧ Ushers

Liturgy is the work of the whole Christ, head and body (CCC1136). Beautiful liturgies give glory to God and draw people deeper into relationship with Him. We are blessed to have beautiful liturgies but we can always **do** better. If you are currently involved in or want to know more about liturgical ministries, then you're invited to join Bernadette Gasslein, nationally recognized liturgy specialist, for this fantastic opportunity to do something beautiful for God.

Everyone is welcome – bring a friend!

Wednesday, September 25

Baptism, the Basis for All Ministry 7:00 – 9:00 pm

"Mother Church earnestly desires that all the faithful should be led to that fully conscious and active participation in liturgical celebrations, which is demanded by the very nature of the liturgy. Such participation by the Christian people as "a chosen race, a royal priesthood, a holy nation, a redeemed people (1 Pet. 2:9; cf. 2:4-5), is their right and duty by reason of their baptism" (Constitution on the Sacred Liturgy, 14). We will use the lens of what happens to us at baptism to explore the meaning of liturgical participation.



Bernadette Gasslein

is a veteran of church and life. She's travelled from sea to sea in Canada, giving

workshops and training in her two loves: liturgy (and liturgical music) and catechesis. Bernadette holds a license in sacred theology with a specialization in pastoral catechetics from the Institut Catholique de Paris. She is editor of the prestigious journal *Worship* and author of several popular small books on the liturgy. In 2014, she was named Catholic Communicator of the Year by the Association of Roman Catholic Communicators of Canada. Since 1998 Bernadette has made her home in Edmonton, where she is a member of Resurrection Parish and a member of its music ministry.

Saturday, September 28

Saturday sessions are open to everyone. Some sessions are of special interest to certain Liturgical Ministries.

Of special interest to Proclaimers

Session #1: Lending Your Voice to God 10:00 – 11:30 am

In the liturgy of the Word, God uses your voice to speak to your brothers and sisters in the community. But you're not alone: The Spirit works in them and in you, making the proclamation of the Word a uniquely Spirit-filled event. How can we be penetrated by this Word that will also penetrate others when we proclaim it?

Lunch Break – 11:30 am – 1:00 pm (on your own)

Of special interest to Extraordinary Ministers of Communion

Session #2: An Extraordinary Ministry of Communion 1:00 – 2:30 pm

What's so extraordinary about extraordinary ministers of communion? We will explore the theology and spirituality of the eucharistic prayer and the communion rite to help us understand how you participate in an intimate way in the transformation and building up of the Body of Christ.

Of special interest to Musicians

Session #3: Foster and Expressing Unity: The Ministry of Music 3:00 – 4:30 pm

Musicians are, differently, agents of communion. The role of music in the liturgy, as the Church sets it forth in its liturgical documents, points to music as a profound expression of communion born of love. We will explore how this theology can shape our spirituality as liturgical ministers.

This workshop is for you if you are currently involved in a liturgical ministry, thinking about getting involved or just want to learn more.

There is no charge for any of the workshops, but pre-registration is requested. A free-will offering will be accepted to help defray costs.

For more information or to register, contact
Pat at 780-467-5470 or pat@olph.ca



GRACE SUMMIT

STRENGTHENING OUR WHY

Monday, October 21, 2019

9:00 Registration

9:30-2:30 pm

Father Leduc School, Leduc

- Learn about advocacy for Catholic Education in Alberta
- Receive practical advocacy ideas and tips
- Share with other stakeholders
- Be inspired! Be invigorated! Be emboldened!

\$25 Registration
includes lunch

Register until Monday October 14 at
starcatholic.ab.ca/faith/grace

Best Western Premier Denham Inn & Suites
Special Rate \$109.00 855-479-0732

Father Leduc Catholic School
400 Sheppard Boulevard
Leduc, AB



"I know in whom I place my trust" 2 Tim 1:12