Archbishop Jordan Catholic High School

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Exam Break - at a Glance for January 28 - Feb 1 See Exam Times and Dates here

Reminder to all students who are writing exams - you may not wear a hoodie into the exam room.

Thank you.

Please remember to return your textbooks before or right after your exam.

Monday

- Exams
 - o Bio 30
 - o Science 9
 - Science 9 K&E
 - French Science 9
 - E-Campus Religion
- Student/Staff Hockey Game in the PM
- EICS Unifor meeting at 4:45 in the drama theatre
- PAC Meeting at 7:00 in the Staffroom

Tuesday

- Exams
 - o Chem 30
 - o Math 9
 - Math 9 K&E
 - Mathematiques 9
 - o Social 10-1 Part B
 - o Social 10-2 Part B
 - Social 20-1 Part B
 - Social 20-2 Part B
- Citadel Club Event

Wednesday

- Exams
 - o Physics 30
 - o Science 30
 - o LA 9 Part B
 - LA 9 Part B K&E
 - o Chemistry 20

Thursday - PD Day

Friday - Semester 2 begins

- Textbook pick up
- Senior Boys Basketball at SPA tournament
- Musical Theatre Rehearsals Saturday Feb 2 (9-12)

Upcoming Dates:

February 6 Early Dismissal

February 6 Last day for course changes February 7 & 8 Teachers Convention, no school

February 9 Culinary Competition for team ABJ @ N.A.I.T.

February 15 PD Day, no school

February 22 Model UN

February 28 ABJ Open House "Toast of the Town"

Parents and Students Info:

- February 7th is the final day for course changes for semester 2 be sure to complete a course change form before coming to see our counsellors.
- PAC meeting is on Monday January 28th @ 7:00 p.m. The agenda will have the following:
 - o EICS annual calendar review
 - Open House Update
 - AB Ed Survey Information
 - o Presentation: The Risks of Social Media and Online Activities, by Mr. Dumont, principal
- See attached Exam rules here -
- For students who are experiencing high levels of stress or anxiety, see this <u>video</u> with Mrs. Glass about this topic. For additional support students may also make an appointment to chat with her or our other staff in Student Services (Michelle, Carlos, Bishu).
- Reminder all students are able to see Mrs.Glass in Student Services or Mrs.Miskiw-Chetek in the
 Library to look at potential changes to their schedules for Term 2 if they are available. Change
 requests will only be entertained for valid academic reasons. Given the large population of
 students that the counselors are serving, students will be limited to one counsellor visit to
 minimize line ups and wait times for all. Course changes must be done by Feb 7th

February 21 to March 21 ELK ISLAND CATHOLIC SCHOOLS



CONNECT GROUP

Pre-Registration Required

5 Sessions Thursday Evenings 6:00-7:30PM



This is an attachment based program that provides adults with a new perspective on parent-teen development.

It is our goal to strengthen the relationship between you and your teenager and create a space for parents to connect and support one another.

This course is FREE of charge!

For more information and to <u>register</u>, contact your Connect Facilitators:

MICHELLE HORON

ABJ High School

(780) 467-2121 ext. 1190

LISA CASILLAS

(780) 297-2064

FAMILY WELLNESS WORKER FAMILY WELLNESS WORKER St. Theresa Catholic School ABJ High School St. Isidore Catholic School (780) 467-2121 ext. 1210

CARLOS CASILLAS

LOCATION:

ABJ High School Library

4001 Emerald Drive, Sherwood Park

Mark Your Calendars Co-Parenting Workshop

Helping Families Thrive not Just Survive



The presenters will help you find new ways to:

- Make your child a priority
- Understand the impact of separation conflict on children's brain development
- Choose a more constructive way to communicate with each other
- Develop a personalized strategy for your situation
- Ongoing support from coaches available

Registration is required.

laurie@irelate.ca - 780 235 8212

Fee: \$40.00 per person

Date: Saturday, January 19, 2019

Time: 9:00am to 4:00pm

Location: Chimo Office

Park Centre & Hotel.

Sherwood Park



In the synagogue at Nazareth, Jesus reads aloud from the scroll of the prophet Isaiah and announces that this Scripture is now fulfilled.

Family Connection

Jesus was the one sent by God to bring salvation to the world. Jesus announced that mission using the framework we hear in today's Gospel from the prophet Isaiah: glad tidings will be brought to the poor, liberty to captives, recovery of sight for the blind, and freedom for the oppressed. Jesus inaugurates the Kingdom of God in his person—through his life, death, and Resurrection. We are charged with the task of continuing the mission that Jesus began. Jesus set the framework for all of us when he announced his ministry in today's Gospel. Jesus also gave us the helper we would need to enable us to participate in his mission. The Holy Spirit has been given to us so that we, the Church, might serve the Kingdom of God.

Gather with your family and suggest that they try to picture the vision that Jesus describes using the words of the prophet Isaiah as you read today's Gospel, Luke 1:1-4; 4:14-21. Think about your neighborhood, your community. What are the situations and who are the people who most need to see this vision fulfilled? What steps would be necessary to make the vision a reality for them? Make a family commitment to pray for the Kingdom of God and to take a particular action that will address a need you see in your community. Ask the Holy Spirit to help you by praying the Prayer to the Holy Spirit.

"I know in whom I place my trust" 2 Tim 1:12