

Archbishop Jordan Catholic High School

4001 Emerald Drive, Sherwood Park, Alberta T8H 0P5

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Exam Break - at a Glance for January 21 - 25

Upcoming Dates:

Monday 28	Tuesday 29	Wednesday 30	Thursday 31	Friday 1
Bio 30 Science 9 Science 9 K&E French Science 9 E-Campus Religion	Chem 30 Math 9 Math 9 K&E Mathematiques 9 Social 10-1 Part B Social 10-2 Part B Social 20-1 Part B Social 20-2 Part B	Physics 30 Science 30 LA 9 Part B LA 9 Part B K&E Chemistry 20	PD Day	Term 2 Begins!!

Parents and Students Info:

- As we begin final exams, Provincial Achievement Tests and Diplomas, please ensure that students are staying on top of their studying and preparations well in advance of the scheduled exam. Also, please see the attached Exam Rules for students [here](#).
- For students who are experiencing high levels of stress or anxiety, see this [video](#) with Mrs. Glass about this topic. For additional support students may also make an appointment to chat with her or our other staff in Student Services (Michelle, Carlos, Bishu).
- CTS classrooms will be open at lunch this week to help students finish up projects. Check with your teacher for availability.
- Please complete this "Summer School Student Interest Survey" so we can gather needed data to put relevant Summer School programming in place for the upcoming 2019 session. The survey link is here: <https://docs.google.com/forms/d/1DIrfdPos6WbuThOAUwZgZJfVnPZ8ZCFdqNdY5HZnPag/edit>

February 21 to March 21



CONNECT GROUP

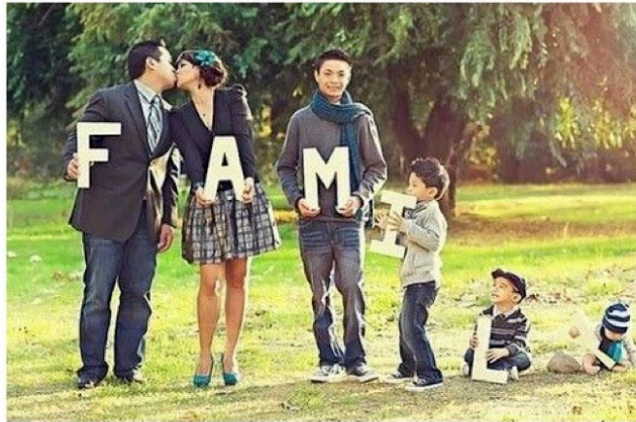
Pre-Registration Required

5 Sessions

Thursday

Evenings

6:00-7:30PM



This is an attachment based program that provides adults with a new perspective on parent-teen development.

It is our goal to strengthen the relationship between you and your teenager and create a space for parents to connect and support one another.

This course is FREE of charge!

For more information and to **register**, contact your Connect Facilitators:

MICHELLE HORON	LISA CASILLAS	CARLOS CASILLAS
<u>FAMILY WELLNESS WORKER</u>	<u>FAMILY WELLNESS WORKER</u>	<u>FAMILY WELLNESS WORKER</u>
ABJ High School	St. Theresa Catholic School	ABJ High School
(780) 467-2121 ext. 1190	St. Isidore Catholic School	(780) 467-2121 ext. 1210
	(780) 297-2064	

LOCATION:

ABJ High School Library

4001 Emerald Drive, Sherwood Park

Mark Your Calendars
Co-Parenting Workshop
Helping Families Thrive not Just Survive



The presenters will help you find new ways to:

- Make your child a priority
- Understand the impact of separation conflict on children's brain development
- Choose a more constructive way to communicate with each other
- Develop a personalized strategy for your situation
- Ongoing support from coaches available

Registration is required.

laurie@irelate.ca - 780 235 8212

Fee: \$40.00 per person

Date: Saturday, January 19, 2019

Time: 9:00am to 4:00pm

Location: Chimo Office

Park Centre & Hotel,

Sherwood Park



"I know in whom I place my trust" 2 Tim 1:12